


**THE CITY OF DES PLAINES
1420 MINER STREET
DES PLAINES, ILLINOIS 60016
847-391-5300**

**HEALTH AND HUMAN SERVICES DIVISION
847-391-5480**

Dear Des Plaines Resident:

This Des Plaines Community Resource Directory has been prepared as a community service through the efforts of the City of Des Plaines Health and Human Services Division. It is designed to offer information concerning a variety of services and activities available to Des Plaines residents. We hope to link you with the community agencies that are best equipped to meet your needs or answer your concerns. In order to get maximum benefit from this booklet, we encourage you to review the entire directory and to become familiar with its contents. We have attempted to provide you with accurate up-to-date information. Due to occasional changes within individual organizations, it may be advisable to contact the specific agency/organization directly for the most recent details available.

If you have any additional questions or need further assistance, contact the Health and Human Services Division, Suite 502 in the Des Plaines Civic Center at 1420 Miner Street. The office hours are 8:30AM to 5:00PM Monday through Friday or call our office at 391-5480.


Kathy Puetz, MSW
Director
Health and Human Services


Lisa Miller
Divisional Secretary

DIRECTORY OF OFFICIALS FOR THE CITY OF DES PLAINES

1420 Miner Street
Des Plaines, IL 60016
Phone: (847) 391-5300

Office Hours: Monday through Friday 8:30AM to 5:00PM

MAYOR	391-5301
CITY MANAGER	391-5488
CITY CLERK	391-5311
CITY ATTORNEY	391-5303
FINANCE & ADMINISTRATIVE SERVICES DIRECTOR	391-5325
HUMAN RESOURCES DIRECTOR	391-5486
HEALTH AND HUMAN SERVICES DIVISION	391-5480
PUBLIC WORKS DIRECTOR	391-5495
COMMUNITY DEVELOPMENT DIRECTOR	391-5306
ENGINEERING DIRECTOR	391-5390
POLICE CHIEF	391-5445
FIRE CHIEF	391-5339
EMERGENCY COMMUNICATIONS DIRECTOR	391-5666
EMERGENCY MANAGEMENT AGENCY COORDINATOR	391-5396
LIBRARY ADMINISTRATOR	827-5551
HISTORICAL MUSEUM DIRECTOR	391-5399

TABLE OF CONTENTS

ABUSE HOTLINES	1
ADULT DAY CARE	2
CHILD SUPPORT ENFORCEMENT	3
CONSUMER SERVICES	4-6
COUNSELING/SUPPORT SERVICES	7-12
COURT HOUSES	13
CRISIS INTERVENTION	14-16
DENTAL REFERRALS	17-18
DISABLED SERVICES	19-20
DONATIONS	21
EDUCATIONAL PROGRAMS	22 - 25
EMERGENCY SERVICES	26
EMPLOYMENT	27
FINANCIAL ASSISTANCE	28 - 29
FRIENDLY VISITOR PROGRAMS	30
HOME SHARING/ HOUSING	31 - 32
HOSPITALS AND HEALTH RELATED SERVICES	33 - 37
INSURANCE	38 - 39
LEGAL SERVICES	40 - 42

LICENSES	43 – 44
MEDICAL ALERT SERVICES	45
NURSING HOMES	46
NUTRITION	47 - 49
PUBLIC AID	50
RETIREMENT COMMUNITIES	51
SCHOOLS	52 - 55
SOCIAL/RECREATIONAL OPPORTUNITIES	56 - 59
SUPPORT GROUPS	60
TAX SERVICES	61 - 62
TRANSPORTATION	63 – 64
VISITING IN-HOME PHYSICIANS	65
VOLUNTEER OPPORTUNITIES	66
YOUTH SUPPORT SERVICES	67

ABUSE HOTLINES

CHILD ABUSE

800-252-2873

ELDER ABUSE

8am-5pm 800-252-8966
After 5pm 800-279-0400

ADULT DAY CARE

ADVOCATE HEALTHCARE OLDER ADULT CENTER 9375 Church Street Des Plaines, IL 60016	847-296-0737
HOUSE OF WELCOME 1779 Winnetka Road Northfield, IL 60093	847-242-6250
LUTHERAN HOME ADULT DAYCARE 800 W. Oakton Street Arlington Heights, IL 60004	847-363-7400
MOORINGS ADULT DAYCARE 811 E. Central Road Arlington Heights, IL 60005	847-956-4027
NORTHWEST COMMUNITY ADULT DAYCARE 901 W. Kirchoff Road Arlington Heights, IL 60005	847-618-3370
REGENCY SENIOR DAYCARE 6625 N. Milwaukee Avenue Niles, IL 60714	847-588-2000
RESURRECTION ADULT DAY SERVICES 420 N. Wolf Rd. (Basement) North Lake, IL 60164	708-492-1458

**CHILD SUPPORT
ENFORCEMENT**

**ILLINOIS DEPARTMENT OF HEALTHCARE
AND FAMILY SERVICES (HFS)
DIVISION OF CHILD SUPPORT
ENFORCEMENT (DCSE)**

Cook County Region
32 West Randolph
Chicago, IL 60601

800-447-4278
TTY 800-526-5812

To receive help collecting child support, help establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center or visit their web page via www.ilchildsupport.com.

CONSUMER SERVICES

ATTORNEY GENERAL'S OFFICE 312-814-3000
Consumer Fraud Hotline 800-386-5438
Senior Citizens Consumer Fraud Hotline 800-243-5377
100 W. Randolph Street – 12th Floor
Chicago, IL 60601

The Attorney General's Office Consumer Protection Division protects Illinois consumers and businesses victimized by fraud, deception, and unfair business practices. There is a separate division for senior citizens.

BETTER BUSINESS BUREAU OF METROPOLITAN CHICAGO, INC 312-832-0500
330 N. Wabash – Suite #2006
Chicago, IL 60611

To get a report on a business or to file a complaint, call to speak to a representative or visit their website www.chicago.bbb.org.

CITIZENS UTILITY BOARD (CUB) 800-669-5556
208 South LaSalle Street, Suite 1760
Chicago, Illinois 60604

Call with questions or complaints about your utility service. Consumer Rights Counselors with extensive knowledge of utility-related laws and regulations can inform you of your Rights; while showing you how to cut your telephone, natural gas, and electric costs. They can also, in many cases, file complaints with the utilities on your behalf.

CONSUMER SERVICES

– (continued)

CHAMBER OF COMMERCE

DES PLAINES

847-824-4200

1401 Oakton Street
Des Plaines, IL 60018

Serves as an advocate for local business. In addition to programs and services for member businesses, the Chamber provides new resident greeting services, general community information, and publishes and distributes an annual community directory and map.

CITY OF DES PLAINES

CONSUMER PROTECTION

847-391-5488

1420 Miner Street – 6th Floor
Des Plaines, IL 60016

Des Plaines residents may call if they have questions or complaints regarding companies and/or services within the Des Plaines area.

FEDERAL TRADE COMMISSION

877-382-4357

CRC-240

877-438-4338

Washington, D.C. 20580

The Federal Trade Commission is the nation's consumer protection agency. The FTC's Bureau of Consumer Protection works for the consumer to prevent fraud, deception, and unfair business practices in the marketplace. The Bureau takes complaints and provides information regarding consumer fraud, identity theft, and National Do Not Call Registry etc. For more information please call or visit their website at www.ftc.gov.

CONSUMER SERVICES

– (continued)

FOOD & DRUG ADMINISTRATION 312-353-5863
550 West Jackson Blvd.
15th Floor
Chicago, IL 60661

20 N. Michigan Avenue 312-353-9400
(Central-Regional Office)
Suite #510
Chicago, IL 60602

Enforces the Federal Food, Drug and Cosmetic Act and related laws to ensure the purity and safety of food, drugs and cosmetics, the safety of therapeutic devices, and the truthful, informative labeling of such products.

ILLINOIS COMMERCE COMMISSION 312-814-2850
Consumer Service Division 800-524-0795
160 N. LaSalle Street – Suite #C-800
Chicago, IL 60601

Investigates complaints filed against public utilities including gas, electric, water, and telephone companies.

SMALL CLAIMS COURT

Skokie Court House 847-470-5065
5600 Old Orchard Road
Skokie, IL 60077

Rolling Meadows Court House 847-818-3000
2121 W. Euclid Avenue
Rolling Meadows, IL 60008

Processes buyer-seller complaints. The Inquiry Center enables a person to obtain a filed report on a company before doing business.

COUNSELING/SUPPORT SERVICES

ADVOCATE OLDER ADULT SERVICES 847-723-7770
9375 Church Street
Des Plaines, IL 60016

Provides information and referral about local programs and services. Medicare approved counseling and consultation, family education. Support groups are also offered.

AGE OPTIONS 708-383-0258
1048 Lake St. – Suite #300 800-699-9043
Oak Park, IL 60301-1055

Provides intervention for elderly victims of financial, physical, sexual, emotional, abuse and/or neglect. Counseling support and information and referral on local resources also available.

ALANON OR ALANO OF DES PLAINES 847-297-9237
1535 E Oakton St
Des Plaines, IL 60018

Support groups for friends and family of alcoholics.

ALCOHOLICS ANONYMOUS 312-346-1475
180 North Wabash
3rd Floor
Chicago, IL 60601

Provides support groups and referrals for hospital treatment.

COUNSELING/SUPPORT SERVICES

– (continued)

ALCOHOLICS ANONYMOUS

First Step House (Men)
1029 Graceland
Des Plaines, IL 60016

847-824-1256

Support Group and meetings. Call for more information.

ALCOHOLICS ANONYMOUS

Miracle House (Women)
510 E Oakton St
Des Plaines, IL 60018

847-803-2901

Support Group and meetings. Call for more information.

ALEXIAN BROTHERS

BEHAVIORAL HEALTH

Speak to a Counselor 24/7:
1650 Moon Lake Boulevard
Hoffman Estates, IL 60169

847-882-1600

800-432-5005

Provides both in-patient and out-patient care for mental health problems, substance abuse or eating disorders.

CATHOLIC CHARITIES

FAMILY SERVICE CENTER

1717 Rand Road
Des Plaines, IL 60016

847-376-2100

Provides information and referral, counseling, senior subsidized housing, emergency financial assistance, legal programs, in-home case management, and the L.O.S.S. program (Loving Outreach to Suicide Survivors).

COUNSELING/SUPPORT SERVICES

– (continued)

CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway – Suite # 310
Park Ridge, IL 60068

Provides support services for the frail elderly and homebound, including personal counseling, case management, telephone reassurance, senior companions, and friendly visitors.

CITY OF DES PLAINES

HEALTH & HUMAN SERVICES DIVISION

847-391-5480

1420 Miner Street – 5th Floor
Des Plaines, IL 60016

Serves residents of corporate Des Plaines with information and referral, health screenings, blood pressure monitoring, Meals on Wheels, short-term case management and home assessments.

ELDERCARE LOCATOR

800-677-1116

Provides information and referral about senior services to friends and families who reside in another state. Nationwide service of the United States Administration of Aging whose website address is www.aoa.dhhs.gov.

HOLY FAMILY - KEYS TO RECOVERY

24-HourHotline

847-298-9355

100 N River Road
Des Plaines, IL 60016

Provides a treatment program for adults 18+ with alcohol and other drug abuse problems.

COUNSELING/SUPPORT SERVICES

– (continued)

ILLINOIS DEPARTMENT ON AGING

421 E. Capitol Avenue
Springfield, IL 62701-1789

217-785-3356
800-252-8966

Provides information, assistance, and referral on programs/services for seniors 65 and older. Cases of elder abuse can be reported by contacting this office.

KENNETH YOUNG CENTER

(Elk Grove Township Residents of Des Plaines)
1001 Rohlwing Road
Elk Grove Village, IL 60007

847-524-8800

Provides counseling services for children, families, adults and seniors; individual, group and family counseling; day and residential programs for seriously mentally ill and senior services for the frail elderly; information and referral.

LUTHERAN SOCIAL SERVICES OF ILLINOIS

1001 E. Touhy Avenue – Suite #50
Des Plaines, IL 60018

847-635-4600

Provides behavioral, drug and alcohol counseling, senior housing and senior services, foster care, adoption, childcare services and other support services.

COUNSELING/SUPPORT SERVICES

– (continued)

MAINE CENTER, INC.

847-696-1570

819 Busse Highway

24/7 Crisis Line - 847-696-1576

Park Ridge, IL 60068

Provides out patient mental health and psychiatric services for children, adolescents and adults; in-office medication and community support; Individual, Family & Group Counseling, Supportive Living Program, Psychosocial Rehabilitation (day program), addiction services including DUI education, Parent/Student drug education and prevention, and Adolescent Addiction Treatment.

MAINESTAY YOUTH AND FAMILY SERVICES

847-297-2510

1700 Ballard Road

Park Ridge, IL 60016

Provides family therapy and parent and community education programs, parenting skill groups and information and referral for those who live or go to school in Maine Township.

METROPOLITAN FAMILY SERVICES

847-328-2404

820 Davis Street Ste 450

847-425-7400

Evanston, IL 60201

Provides child and adolescent mental health programs, family support and prevention programs, family, individual and group counseling services, elder abuse investigation and senior counseling services.

COUNSELING/SUPPORT SERVICES

– (continued)

NORTH SHORE SENIOR CENTER 847-784-6000
(Maine Township Residents of Des Plaines)
161 Northfield Road
Northfield, IL 60093-3389

Provides weekly activities, classes, trips, and programs for the active older adult. Offers a variety of social services, which include: support groups, individual and family counseling, peer counseling and friendly visiting. They also provide case management, day respite care, elder abuse intervention/prevention, and nursing home pre-screening placement, and assistance with Medicare and Income Tax forms.

RAINBOW HOSPICE, INC. 847-685-9900
444 N. Northwest Highway – Suite #145
Park Ridge, IL 60068

Provides a full hospice program for patients with life-limiting illnesses expressing a desire for comfort care. Enables people to live with dignity and hope while coping with loss and end of life. Bereavement Services include: support groups, counseling, correspondence program.

**SALVATION ARMY COMMUNITY
COUNSELING CENTER** 847-981-9111
609 W. Dempster Street
Des Plaines, IL 60016

Provides counseling for individuals who need help dealing with emotional, social, and environmental issues. Family counseling and group therapy are provided by professional social workers that are also bi-lingual.

COURT HOUSES

SECOND MUNICIPAL DISTRICT

847-470-7200

Circuit Court of Cook County
5600 Old Orchard Road
Skokie, IL 60077

THIRD MUNICIPAL DISTRICT

847-818-2287

Circuit Court of Cook County
2121 Euclid
Rolling Meadows, IL 60008

CRISIS INTERVENTION

AMERICAN RED CROSS

847-255-0703

544 W. Northwest Highway
Arlington Heights, IL 60005

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies.

CHILDREN'S ADVOCACY CENTER OF NORTH/NORTHWEST COOK COUNTY

847-885-0100

640 Illinois Blvd.
Hoffman Estates, IL 60194

Provides direct services for child victims of sexual and severe physical abuse and their families.

ELK GROVE TOWNSHIP

847-437-030

2400 S. Arlington Heights Road
Arlington Heights, IL 60005

Provides emergency assistance to Elk Grove Township residents.

CRISIS INTERVENTION

– (continued)

JOURNEYS FROM PADS TO HOPE INC. 847-963-9163
1140 E. Northwest Highway
Palatine, IL 60067

Provides information and referral regarding services for legal, medical, dental, and housing to individuals who are homeless or are in danger of becoming homeless. Assistance in job search, mental health, case management, counseling, and other services are offered. P.A.D.S. provides secure overnight shelter and three meals for men, women, and children from October 1st through April 30th, 7PM to 7AM. There are 23 shelter sites located throughout the northwest suburbs.

LIFE SPAN Office 847-824-0382
P.O. Box 445 24 Hour-Crisis Line 847-824-4454
Des Plaines, IL 60016

Provides information and referral, individual counseling, support groups, and court advocacy to victims of domestic violence and their children.

MAINE TOWNSHIP 847-297-2510
1700 Ballard Road
Park Ridge, IL 60068

Provides emergency assistance to Maine Township residents.

**NATIONAL SUICIDE
PREVENTION LIFELINE** 1-800-273-TALK

CRISIS INTERVENTION

– (continued)

SALVATION ARMY WORSHIP AND SERVICE CENTER

847-981-9111

609 W. Dempster Street
Des Plaines, IL 60016

Provides emergency food, counseling, and other assistance for those who qualify.

SELF - HELP CLOSET & FOOD PANTRY OF DES PLAINES

847-375-1443

600 E. Algonquin Road
Des Plaines, IL 60016

Mailing address: P.O. Box 1302
Des Plaines, IL 60017-1302

Provides emergency food and clothing every Tuesday of the month from 12:30 PM to 3PM. and Saturdays from 10 AM to Noon. Identification is required.

SHELTER, INC.

847-255-8060

1616 N. Arlington Heights Road
Arlington Heights, Illinois 60004

Shelter provides community-based, emergency and temporary housing for children and adolescents from birth through age 17 in the northwest suburbs of Chicago, Illinois, who are abused, neglected, dependent or in need of supervision.

DENTAL REFERRALS - Low Cost Programs

COOK COUNTY DEPARTMENT OF HEALTH DENTAL HEALTH SERVICES – INFORMATION LINE

708-492-2140

The health department provides a wide-array of dental services including family dental health clinics and community based services. At family clinics dental services include: sealants, examinations, fillings, fluoride treatments, cleanings and extractions for adults and children. Financial guidelines apply. By appointment only, at the following CCDPH dental office locations:

3rd District Circuit Courthouse
2121 Euclid Avenue, Suite 250
Rolling Meadows, IL 60008

847-818-2860

2nd District Circuit Courthouse
5600 Old Orchard Road, Suite 156
Skokie, IL 60077

847-470-7398

UNIVERSITY OF CHICAGO
(Oral Surgery)
5841 S. Maryland
Chicago, IL 60637

773-702-6811

Contact Dental Surgery Section to schedule oral surgery.
Call for fee schedule.

DENTAL REFERRALS - Low Cost Programs

– (continued)

UNIVERSITY OF ILLINOIS AT CHICAGO 312-996-7555
UIC College of Dentistry
801 S. Paulina
Chicago, IL 60612

The College of Dentistry offers a complete range of dental and oral health services. The dental clinics are primarily for patients who have dental treatment needs that correspond to the teaching needs of our students. Care is available for patients with both simple and complex needs. The College of Dentistry is not a free clinic; there is a reduced fee schedule.

HARPER DENTAL HYGIENE CLINIC 847-925-6534
William Rainey Harper College
1200 W. Algonquin Road
Building “D”
Palatine, IL 60067

Offer low-cost simple cleaning, x-rays, sealants. Cleaning by a dental hygiene student includes exam by dentist. Discounts for senior citizens.

DISABLED SERVICES

AVENUES TO INDEPENDENCE 847-292-0870
515 Busse Hwy
Park Ridge, IL 60068

Provides vocational and residential services for persons with developmental disabilities.

**CHICAGO LIGHTHOUSE FOR PEOPLE
WHO ARE BLIND/VISUALLY IMPAIRED** 312-666-1331
1850 West Roosevelt Road
Chicago, IL 60608

Provides opportunities for children, youth and adults who are blind, visually impaired or multi-disabled. Programs are designed to optimize the potential for independent living, economic self-support, and public information through promotion of the abilities of people with disabilities.

CHICAGO LIGHTHOUSE AT ALEXIAN 847-385-7336
800 Biesterfield Road, Suite 730
Elk Grove Village, IL 60007

Partnership between Chicago Lighthouse for the Blind and Alexian Brothers Hospital to bring services to the residents of the northwest suburbs.

**ILLINOIS DEPT. OF HUMAN SERVICES
DIV. OF REHABILITATION SERVICES**
Arlington Heights DRS Office 800-843-6154
715 W Algonquin Rd 847-758-3483
Arlington Heights, IL 60005

Provides vocational rehabilitation and home service program for the disabled under the age of 60.

DISABLED SERVICES

– (continued)

GLENKIRK

847-272-5111

3504 Commercial Avenue
Northbrook, IL 60062

Provides comprehensive community based services for people with developmental disabilities.

DONATIONS

AMVETS 708-388-7800

Pick up and drop off locations available for donations of clothing and household goods, call or visit website for list of acceptable items. www.amvets.org

GOODWILL 847-566-0636

No pick up available, only drop off of clothing and some furniture, please call for more information.

MARILLAC HOUSE 773-722-7440

Pick up available for donations of clothing, housewares, and furniture, please call for more information.

PURPLE HEART VETERANS 708-396-8990

Pick up available for donations of clothing, small appliances, etc. Please call for information.

SALVATION ARMY 888-574-2587

Pick up and drop off location available for donations of clothing, appliances, furniture, etc. Please call for information.

SELF-HELP CLOSET & PANTRY 847-375-1443

Drop off only for donations of clothing and food on Monday and Tuesday from 9:00a.m to 12:00pm and on Saturday from 9:00 am to 10:00 am; please call if other arrangements are needed.

EDUCATIONAL PROGRAMS

AMERICAN RED CROSS

847-255-0703

544 W. Northwest Highway
Arlington Heights, IL 60006

Provides safety and health courses and monitors certification of instructors.

DES PLAINES COMMUNITY & FRISBIE SENIOR CENTERS

Des Plaines Community

847-391-5717

515 E. Thacker Street
Des Plaines, IL 60016

Frisbie Center

847-768-5944

52 E. Northwest Hwy.
Des Plaines, IL 60016

Offers a variety of educational programs for seniors. For a listing of events and more information please call.

DES PLAINES PARK DISTRICT LEISURE CENTER

847-391-5700

2222 Birch Street
Des Plaines, IL 60018

Provides information on programs and schedules through the Spectrum brochure.

DES PLAINES PUBLIC LIBRARY

847-827-5551

1501 Ellinwood Street
Des Plaines, IL 60016

Sponsors a variety of programs and special services such as: large print and audio books, periodicals, health, financial programs, and homebound deliveries.

EDUCATIONAL PROGRAMS

– (continued)

DRIVING AND REFRESHER PROGRAM 847-391-5717 **DES PLAINES COMMUNITY SENIOR CENTER**

515 E. Thacker Street
Des Plaines, IL 60016

Provides Rules of the Road, a driving instruction refresher program, held six times a year. Also offers the AARP program, 55 ALIVE, six times a year, which may provide a reduction on car insurance.

TOWNSHIP HIGH SCHOOL DISTRICT 214 **COMMUNITY EDUCATION** 847-718-7700

2121 S. Goebbert Rd.
Arlington Heights, IL 60005

Township High School District 214 offers a wide range of Adult Education and Family Literacy Classes of interest to the entire family. Provides residents, 62 years of age or older, who live in High School District #214 with a Gold Card that provides discount tuition for adult education classes. Call for class and catalog information.

District #214 Gold Card Club 847-718-7700

2121 S. Goebbert Road
Arlington Heights, IL 60005

Provides residents, 62 years of age or older, who live in High School District #214 with a Gold Card that provides discount tuition for adult education classes. Classes require advanced registration. Gold Card members are entitled to free admission to many school events.

EDUCATIONAL PROGRAMS

– (continued)

TOWNSHIP HIGH SCHOOL DISTRICT 214 COMMUNITY EDUCATION – ONLINE INSTRUCTION CENTER

847-718-7704

2121 S. Goebbert Rd.
Arlington Heights, IL 60005

The Online Instruction Center offers a wide range of highly interactive courses that you can take entirely over the Internet. All of the courses include expert instructors, many of whom are nationally known authors. Call or visit website <http://www.ed2go.com/dist214/> for more information.

HARPER COLLEGE

847-925-6000

1200 W. Algonquin Road
Palatine, IL 60067

Community College with in-district residency rates for portions of Des Plaines. Provides both credit and non-credit courses. Provides programs for older adults who reside in Elk Grove Township.

MAINE TOWNSHIP JEWISH CONGREGATIONAL

847-297-2006

8800 Ballard Road
Des Plaines, IL 60016

Provides daily, Sabbath, and Jewish holiday worship services, pastoral care and support, and social programs.

MAINE TOWNSHIP ADULT AND SENIOR SERVICES

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides activities including breakfast club speakers, day trips, theater parties, luncheons, and bingo.

EDUCATIONAL PROGRAMS

– (continued)

MOUNT PROSPECT PARK

DISTRICT/REC PLEX

847-640-1000

420 W. Dempster Street

Mt. Prospect, IL 60056

Provides a variety of health & physical education opportunities.

OAKTON COMMUNITY COLLEGE

847-635-1600

1600 E. Golf Road

Des Plaines, IL 60016

Community College that provides both credit and non-credit courses. Provides discount of one-half tuition for college courses for seniors age 60 years of age and older living in Community College District #535. For more information please call.

EMERGENCY SERVICES

DES PLAINES FIRE DEPARTMENT

EMERGENCY

911

NON-EMERGENCY & INFORMATION

847-391-5333

405 S. River Road (Administrative Office)

Des Plaines, IL 60016

Provides fire extinguishment and rescue work along with an extensive program of fire prevention, education, and inspections.

DES PLAINES POLICE DEPARTMENT

EMERGENCY

911

NON-EMERGENCY & INFORMATION

847-391-5400

1420 Miner Street (Administrative Office)

Des Plaines, IL 60016

Provides cooperation with our community to protect life and property and enhance the quality of life for all of our citizens.

EMPLOYMENT JOB/TRAINING

C.E.D.A. NORTHWEST SELF-HELP CENTER

847-392-2332

1300 Northwest Highway
Mount Prospect, IL 60056

Employment Assistance and Support offered through Individual Employment Counseling, Career Building, and Resource Center. Call for an appointment.

THE CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway – Suite #310
Park Ridge, IL 60068

Employment program offers assistance to jobseekers of all ages in finding employment, developing resumes and improving interviewing skills. Please call for an appointment.

ILLINOIS EMPLOYMENT AND TRAINING CENTER

847-981-7400

Employment Office for the State of Illinois
723 W. Algonquin Road
Arlington Heights, IL 60005

Provides unemployment compensation, job services, and placement.

SENIOR EMPLOYMENT SERVICE

847-391-5719

Provided by: C.E.D.A.

Located at:

Des Plaines Community Senior Center
515 E. Thacker Street
Des Plaines, IL 60016

Provides job placement for senior workers. Please call for an appointment. Office hours are Tuesdays from 9AM to 2:30PM and Thursday from 9AM to 4PM.

FINANCIAL ASSISTANCE

C.E.D.A. NORTHWEST

847-392-2332

1300 W. Northwest Highway
Mt. Prospect, IL 60056

Provides assistance on energy costs through Low Income Home Energy Assistance Program (LIHEAP) to those who are income eligible.

CONSUMER CREDIT COUNSELING SERVICE

MONEY MANAGEMENT INTERNATIONAL 888-845-5669

70 E Lake Street Ste. 1115
Chicago, IL 60601

Provides educational seminars on money management, counseling and debt management programs.

ELK GROVE TOWNSHIP

847-437-0300

2400 S. Arlington Heights Road
Arlington Heights, IL 60005

Provides general assistance and emergency assistance to Elk Grove Township residents.

ILLINOIS DEPARTMENT OF

HUMAN SERVICES

847-745-3200

NORTHERN DISTRICT OFFICE

800-972-5829

8020 St. Louis Avenue
Skokie, IL 60076

Provides financial, medical and food stamps benefits to those who qualify for assistance. Provides supportive services to low-income working families.

FINANCIAL ASSISTANCE

– (continued)

ILLINOIS DEPARTMENT OF HEALTHCARE AND FAMILY SERVICES (HFS) DIVISION OF CHILD SUPPORT ENFORCEMENT (DCSE)

Cook County Region
32 West Randolph
Chicago, IL 60601

800-447-4278
TTY: 800-526-5812

To receive help collecting child support, help establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center or visit their web page via www.ilchildsupport.com.

MAINE TOWNSHIP

1700 Ballard Road
Park Ridge, IL 60070

847-297-2510

Provides general assistance and emergency assistance to Maine Township residents.

WHEELING TOWNSHIP

1616 N. Arlington Heights Road
Arlington Heights, IL 60004

847-259-7730

Provides general assistance and emergency assistance to Wheeling Township residents.

SOCIAL SECURITY ADMINISTRATION

215 S. Elmhurst Road
Prospect Heights, IL 60070

800-772-1213
847-222-1877

Provides assistance in handling Social Security benefits in the case of retirement, disability, or death. Provides income for the blind or disabled based on need. Administers Federal/State funded programs. Contact office for current income guidelines.

FRIENDLY VISITOR PROGRAMS

CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway – Suite #310
Park Ridge, IL 60068

Friendly visitors make regular visits to lonely and isolated individuals who need someone to care and be supportive. An inter-generational outreach includes high school and elementary school students who visit homes of seniors to celebrate their birthdays and holidays.

NORTH SHORE SENIOR CENTER

847-784-6000

161 Northfield Road
Northfield, IL 60093-3389

Maine Township residents only. The Friendly Visiting program is offered to homebound older adults and is supervised by the Social Services Department of the North Shore Senior Center. Visitors are trained to be sensitive to the diverse needs of their friends and respond appropriately. All visitors and those they visit are interviewed by a professional counselor or volunteer and are matched according to similar hobbies, common backgrounds and interests expressed in the interviews.

KENNETH YOUNG CENTERS

847-524-8800

1001 Rohlwing Road
Elk Grove, IL 60007

Elk Grove Township residents only. Volunteer help with visiting, shopping, or respite for caregivers.

HOME SHARING/HOUSING

CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway – Suite # 310
Park Ridge, IL 60068

Offers a home sharing program for extra income and security. Also, provides homelessness prevention funds to assist with rent/mortgage or utilities for households in temporary crisis.

COOK COUNTY HOUSING AUTHORITY

312-663-5447

Rent Assistance Division (formerly Section 8)
175 W Jackson Blvd – Suite 350
Chicago, IL 60604

Near North Field Office

Evanston Office

847-869-0510

1123 Emerson, Suite 204
Evanston, IL 60201

Operates low-income housing for citizens of Cook County.

COUNCIL FOR JEWISH ELDERLY

773-508-1000

3003 Touhy Avenue
Chicago, IL 60645

Provides group living, home sharing, and individual housing.

FRANCES MANOR

847-390-1270

1270 E. Golf Road
Des Plaines, IL 60016

Provides low-income housing for senior 62 years of age and older.

HOME SHARING/HOUSING

– (continued)

HENRICH HOUSE

847-299-6200

1301 Ashland Avenue
Des Plaines, IL 60016

Provides low-income housing (Section 8) for seniors and disabled individuals.

INTERFAITH HOUSING CENTER OF THE NORTHERN SUBURBS

847-501-5760

620 Lincoln Avenue
Winnetka, IL 60093

Provides a home sharing program and fair housing information.

RESOURCE CENTER FOR ELDERLY SHARED HOUSING

847-577-7070

1801 W. Central Road
Arlington Heights, IL 60005

Provides a home sharing program and fair housing information.

HOSPITALS AND HEALTH-RELATED SERVICES

Many hospitals offer a variety of activities, home health services, programs, seminars and support groups, as well as, transportation services for appointments. Please contact each hospital below regarding their individual services.

HOSPITALS:

**ADVOCATE LUTHERAN
GENERAL HOSPITAL** 847-696-2210
1775 Dempster Road
Park Ridge, IL 60068

ALEXIAN BROTHERS MEDICAL CENTER 847-437-5500
800 W. Biesterfield Road
Elk Grove Village, IL 60007

NORTHWEST COMMUNITY HOSPITAL 847-618-1000
800 W. Central Avenue
Arlington Heights, IL 60005

RESURRECTION MEDICAL CENTER 773-774-8000
7435 W. Talcott Avenue
Chicago, IL 60631

HEALTH RELATED SERVICES:

**ACCESS COMMUNITY HEALTH NETWORK
GENESIS CENTER** 847-298-3150
1 N. Broadway
Des Plaines, IL 60016

Health Clinic, provides sliding scale medical care for low-income residents. Must call for an appointment.

HOSPITALS AND HEALTH-RELATED SERVICES

– (continued)

ACCESS TO CARE

708-531-0680

2225 Enterprise Drive # 2507

Westchester, IL 60154

Provides primary health care (diagnosis and treatment) to low-income uninsured individuals/families of suburban cook county for a small annual enrollment fee and co-pays for services provided.

COOK COUNTY DEPARTMENT OF PUBLIC HEALTH ADULT HEALTH/DENTAL CLINIC

847-818-2860

3rd District Court Building

2121 Euclid Avenue

Rolling Meadows, IL 60008

The Health Clinic provides general physicals, inoculations and health screenings. The Dental Clinic serves all ages for cleaning, fillings, and extractions for those who are income eligible. By appointment only.

COOK COUNTY DEPARTMENT OF PUBLIC HEALTH DENTAL CLINIC

847-470-7398

2nd District Court Building

5600 Old Orchard Road – Suite #156

Skokie, IL 60077

Serves all ages for cleaning, fillings, and extractions for those who are income eligible. By appointment only.

HOSPITALS AND HEALTH-RELATED SERVICES

– (continued)

COMMUNITY FAMILY HEALTH CENTER 847-690-9326
1715 W. Algonquin Road
Mt. Prospect, IL 60056

Low cost, sliding scale medical clinic provides medical services for residents of Des Plaines who reside in Elk Grove Township who are income eligible. Medical clinic established with Alexian Brothers and Northwest Community Hospital. No specialists on staff. Call for an appointment.

HARPER COLLEGE DENTAL HYGIENE DEPARTMENT 847-925-6534
1200 W. Algonquin Road
Building “D”
Palatine, IL 60067

Provides low cost exams, cleanings, x-rays, treatment for perio-disease, and sealants. Cleanings are done by dental hygiene students and includes an exam by a dentist. Dental problems are referred to private dentist or clinic.

LIFE SOURCE BLOOD SERVICES 847-298-9660
1205 N. Milwaukee Avenue 800-486-0680
Glenview, IL 60025

Blood donation center. Give the gift of life; every donation has the potential to save three lives.

NATIONAL EYE CARE PROJECT 800-222-3937
P.O. Box 429098
San Francisco, CA 94141-9098

Seniors, 65 years of age and older, who qualify can be referred to access an Ophthalmologist.

HOSPITALS AND HEALTH-RELATED SERVICES

– (continued)

VISTA HEALTH CENTER

847-934-7969

1585 North Rand Road
Palatine, IL 60067

Cook County Bureau of Health Services Primary Care Clinic provides sliding scale medical care; income guidelines apply.

PHARMACEUTICAL ASSISTANCE PROGRAM:

PHARMACEUTICAL RESEARCH AND MANUFACTURERS OF AMERICA

(PhRMA)

800 624-2459

PRESCRIPTION DRUG PATIENT ASSISTANCE PROGRAM

Provides free medications to patients who could not otherwise afford them. Patients must speak to their physician about obtaining approval for this program. Applications and medications are sent directly to the physician's office. A list of participating drug companies and contacts for the program are available by contacting the City of Des Plaines Human Services Division at 847-391-5480.

SENIOR HELPLINE

1-800-252-8966

The state of Illinois offers programs to help you pay for your medicines. Your application automatically places you in the best program for you. The programs are listed below; local help is available in filling out the application by calling the Senior Helpline phone number. The programs are: Illinois Rx Buying Club, Circuit Breaker/Pharmaceutical Assistance, Illinois Cares Rx, and I-Save Rx.

ILLINOIS RX BUYING CLUB

1-866-215-3462

Covers all categories of prescription drugs ordered by your doctor. You qualify if you are at least 65 years old or are a person with a disability. To join, you must pay a membership fee of \$10, which entitles you to 12 months of savings.

HOSPITALS AND HEALTH-RELATED SERVICES

– (continued)

PHARMACEUTICAL ASSISTANCE PROGRAM

CIRCUIT BREAKER

PHARMACEUTICAL ASSISTANCE 1-800-624-2459

Provides for a tax relief program and a pharmaceutical assistance program, that may help you pay for certain prescription medicines.

ILLINOIS CARES Rx 1-800-624-2459

Covers most prescription drugs and some over-the-counter drugs if a doctor prescribes them. If you are 65 years of age or older and you qualify for SeniorCare, you may choose to get a monthly \$25 rebate check. Each person must meet income qualifications and have private insurance that pays for prescriptions. You can have either prescription coverage or the rebate, but not both.

I SAVE Rx 1-866-472-8333

The state of Illinois has established the I-Save Rx program; refill prescriptions are ordered in three-month supplies from pharmacies in Canada, Ireland, and the United Kingdom, with an expected savings of up to 50%. The program has no enrollment fee. Please call for more information or log on to the web at www.i-saverx.net.

Applications for all of these programs are available by calling the Senior HelpLine, visiting the website:

www.state.il.us/aging/1directory/pharm-assist_sites.pdf

or in the Health and Human Services Division at the Des Plaines Civic Center.

INSURANCE

ACCESS TO CARE

708-531-0680

2225 Enterprise Drive # 2507
Westchester, IL 60154

Provides primary health care (diagnosis and treatment) to low-income uninsured individuals/families of suburban cook county for a small annual enrollment fee and co-pays for services provided.

ALL KIDS

866-255-5437
(866-ALL-KIDS)

The All Kids program offers Illinois' uninsured children comprehensive health care that includes doctor's visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers. Sliding Scale Premium amount. Call or visit the website at www.allkids.com.

CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway Suite #310
Park Ridge, IL 60068

Please call for an appointment for assistance with Senior Health Insurance Program, including Medicare, IL Cares Rx, and supplemental policies.

ILLINOIS DEPT. OF INSURANCE

Customer Service

312-814-2427

100 W. Randolph Street – Suite #9-301
Chicago, IL 60601

Provides information on Medicare supplemental insurance, assistance with all forms of life, health, property, casualty insurance complaints, and regulation of insurance licenses.

INSURANCE

– (continued)

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides information and assistance with Senior Health Insurance Program (SHIP) and Medicare forms.

MEDICARE

General Information:

800-633-4227

P.O. Box 1033
Marion, IL 62959

For general Medicare information, ordering Medicare booklets, and information about health plans, contact 1-800-MEDICARE 24 hours a day, 7 days a week for assistance. English and Spanish-speaking customer service representatives at this number can answer questions about the Original Medicare Plan and provide up-to-date information regarding the health plans available in your area. Or visit the website at www.medicare.gov.

SENIOR HEALTH INSURANCE PROGRAM (SHIP)

800-548-9034

Illinois Department of Insurance
320 W. Washington Street
Springfield, IL 62767-0001

Provides free service and assistance in filling out medical claims.

LEGAL SERVICES

CHICAGO BAR ASSOCIATION 312-554-2000
321 S. Plymouth Court Referral Service 312-554-2001
Chicago, IL 60604

Lawyer referral service with a fee of \$20.00. The Chicago Bar Association has screened these attorneys for experience, checked to see that they were licensed to practice law in Illinois, and has checked to see if they were in good standing with the Illinois Supreme Court and maintain professional liability insurance.

**CIRCUIT COURT OF
COOK COUNTY/ADVICE DESK
CHICAGO-KENT COLLEGE OF LAW,
ILLINOIS INSTITUTE OF TECHNOLOGY** 312-603-3579
Richard J. Daley Center, Room 602
50 West Washington Street
Chicago, Illinois 60602

Sponsored by the Circuit Court of Cook County and Illinois Institute of Technology's Chicago-Kent College of Law, the Advice Desk provides free legal assistance to pro se defendants in municipal court cases. General legal advice, help with the preparation of court-required documents such as pleadings and motions and assistance with settlement negotiations are available at the Advice Desk. Types of cases Advice Desk assists: Tenant Evictions, Personal Injury, Contract, Tort, Bill Collection, and Garnishment Actions.

**COOK COUNTY LEGAL ASSISTANCE
FOUNDATION, INC.** 847-475-3703
828 Davis Street – Suite #201
Evanston, IL 60201

Provides legal services for income eligible persons of Suburban Cook County.

LEGAL SERVICES

– (continued)

COOK COUNTY STATE'S ATTORNEY OFFICE

312-603-8600

PUBLIC INTEREST BUREAU – CONSUMER DIVISION

69 W. Washington Street – Suite #700
Chicago, IL 60602

Receives complaints from those who believe that lies or deception have been used in convincing them to sign a contract or make a purchase. Complaints must be registered in person or by mail. If offenses are committed in Cook County violators will be prosecuted.

THE CENTER OF CONCERN

847-823-0453

1580 N. Northwest Highway- suite #310
Park Ridge, IL 60068

Please call for an appointment to meet with an attorney for legal questions or for assistance in preparing a will. Some income limitations and age restrictions apply.

ILLINOIS DEPARTMENT OF HEALTHCARE AND FAMILY SERVICES (HFS) DIVISION OF CHILD SUPPORT

ENFORCEMENT (DCSE)

800-447-4278

Cook County Region
32 West Randolph
Chicago, IL 60601

TTY: 800-526-5812

To receive help collecting child support, help establishing paternity or information on other Child Support Enforcement services, call the Customer Service Call Center or visit their web page via www.ilchildsupport.com.

LEGAL SERVICES

– *(continued)*

STATE OF ILLINOIS

GUARDIAN ADVOCACY COMMISSION

847-294-4264

9511 Harrison Room W - 300

Des Plaines, IL 60016

Provides information on state guardianship, investigates violations of disability laws and legal advocacy for rights violations.

LICENSES

SECRETARY OF STATE

DRIVER LICENSE DEPARTMENT

1227 Golf Road

Schaumburg, IL 60195

800-252-8980

312-793-1010

8261 W. Golf Road

Niles, IL 60714

312-793-1010

312-793-1012

TEMPORARY HANDICAPPED

PARKING PLACARDS

City of Des Plaines

Health and Human Services

1420 Miner Street – Room 502

Des Plaines, IL 60016

847-391-5480

Provides handicapped placards for those who need three months temporary parking. An application must be completed by a physician and returned to the City of Des Plaines Health & Human Services Division. This service is non-renewable and there is no cost for this service. State of Illinois applications for permanent placards are also available.

LICENSES

– (continued)

VEHICLE AND PET LICENSES

847-391-5330

City of Des Plaines
1420 Miner Street – 1st Floor
Des Plaines, IL 60016

Provides Des Plaines residents with vehicle stickers and pet licenses. For more information please call or visit the website at www.desplaines.org. Residents who are 65 years or older receive a discount on vehicle stickers and pet licenses. Limit one per household per year.

VEHICLE LICENSE STICKERS

Elk Grove Township

847-437-4300

2400 S. Arlington Hts. Rd.
Arlington Heights, IL. 60005
www.elkgrovetownship.com

Maine Township

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068
www.mainetown.com

Wheeling Township

847-259-7730

1616 N. Arlington Heights Road
Arlington Heights, Illinois 60004
www.wheelingtownship.com

Provides unincorporated Des Plaines residents with Cook County vehicle stickers. For information please call or visit your township's website. Discounts are available for citizens 65 years or older. Proof of age and a valid driver's license are required.

MEDICAL ALERT SERVICES

LIFELINE

773-275-9393

MEDIC ID ALERT

800-432-5378

COMPANION SERVICE BY SECURITYLINK -

Call the Des Plaines Senior Center at:

847-391-5717

NURSING HOMES

ALDEN-DES PLAINES 847-768-1300
1221 Golf Road
Des Plaines, IL 60016

BALLARD HEALTHCARE 847-294-2300
Rehabilitation and Transitional care
9300 Ballard Road
Des Plaines, IL 60016

**HOLY FAMILY NURSING AND
REHABILITATION CENTER** 847-296-3335
2380 Dempster Street
Des Plaines, IL 60016

ILLINOIS CITIZENS FOR BETTER CARE 312-663-5120
Nursing Home Resident Program
220 S. State Street – Suite #800
Chicago, IL 60604

Provides information, accreditation, and assistance with complaints and violations on nursing homes in Illinois.

LEE MANOR 847-635-4000
1301 Lee Street
Des Plaines, IL 60018

OAKTON PAVILION 847-299-5588
1660 Oakton Place
Des Plaines, IL 60018

**OMBUDSMAN PROGRAM
COOK COUNTY RESIDENTS** 888-401-8200
Advocate for residents 60 and older living in a nursing home who are abused and/or neglected.

**For more listings on nursing homes, please refer
to the Yellow Pages in your local directory.**

NUTRITION

ADVOCATE OLDER ADULT SERVICES

847-723-7770

Lutheran General Hospital
8820 Dempster Street
Park Ridge, IL 60068

Provides Meals on Wheels to those living in unincorporated Des Plaines and Park Ridge within Maine Township.

BESSIE'S TABLE

847-827-5561

First United Methodist Church of Des Plaines
666 Graceland Ave
Des Plaines, IL 60016

Serving a community dinner on Monday evenings from 5:30 to 7:30 p.m. Everyone is invited to a warm dinner in a friendly atmosphere, free of charge.

CATHOLIC CHARITIES

847-376-2100

1717 Rand Rd
Des Plaines, IL 60016

Serving a community dinner on Tuesday and Thursday evenings at 5:30 p.m. to anyone in need, free of charge.

COMMUNITY NUTRITION NETWORK

NORTH SHORE SENIOR CENTER

847-784-6000

161 Northfield Road
Northfield, IL 60093-3389

Delivers meals within Maine Township for persons 60 years of age or older that are homebound through North Shore Senior Center.

NUTRITION

– (continued)

DINNER BY DESIGN - PARK RIDGE 847-698-0744
678 N. Northwest Highway
Park Ridge, IL 60068

Select your menu items from a selection of 15 meals that change every month and are created by our Chef. Each meal serves 4-6 people; half meals that serve 2 – 3 people are available. You prepare meals in their kitchen and bring home to your freezer or for an extra fee they will prepare them for you. For more information please call or visit their website at www.dinnerbydesignkitchen.com.

MEALS ON WHEELS 847-391-5492
City of Des Plaines
Health and Human Services
1420 Miner Street – Room 502
Des Plaines, IL 60016

Provides meals to the disabled and/or residents age 65 years or older who are homebound. The city's Health and Human Services staff must screen participants for program eligibility. There is a nominal fee for this service.

MEAT & EAT PROGRAM 847-768-5944 ext.228
Frisbie Senior Center
52 Northwest Highway
Des Plaines, IL 60016

Provides nutritional, cost-controlled meals and socialization Monday through Friday at the Cumberland Café in the Frisbie Senior Center. Open to all seniors 60 and older.

PEAPOD 800-573-2763

Provides delivery of groceries to the home. Must have a computer to order groceries on line. www.peapod.com

NUTRITION

– (continued)

SEATTLE SUTTON

847-824-0085

770 Lee St

Des Plaines, IL 60016

Meals prepared using the nutritional guidelines from the American Heart Association. Meals can be picked up or delivered to your home. Call or visit the website, www.seattlesutton.com for hours, menu, and costs.

PUBLIC AID

ILLINOIS DEPT. OF HUMAN SERVICES

847-745-3200

8020 St. Louis Ave
Skokie, IL 60076

Administers Federal/State funded programs: TANF (Temporary Assistance for Needy Families), AABD (Aid to the Aged, Blind, and the Disabled), Food Stamps, and medical assistance.

ELK GROVE TOWNSHIP

847-437-0300

2400 S. Arlington Heights Road
Arlington Heights, IL 60005

Provides general assistance and forms for Public Aid, and financial assistance for those residents that qualify.

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides general assistance and forms for Public Aid, and financial assistance for those residents that qualify.

WHEELING TOWNSHIP

847-259-7730

1616 N. Arlington Heights Road
Arlington Heights, IL 60004

Provides general assistance and forms for Public Aid, and financial assistance for those residents that qualify.

RETIREMENT COMMUNITIES

ASBURY COURT

847-228-1500

1750 S. Elmhurst Road
Des Plaines, IL 60018

THE HERITAGE

847-699-8600

800 S. River Road
Des Plaines, IL 60016

OAKTON ARMS

847-827-4200

1665 Oakton Place
Des Plaines, IL 60018

**For more information on Retirement Communities
Please refer to the Yellow Pages in your local directory**

SCHOOLS

RIVER TRAILS SCHOOL DISTRICT #26 847-297-4120
1900 East Kensington Road
Mt. Prospect, IL 60056

Euclid Elementary School 847-259-3303
1211 North Wheeling Road, Mount Prospect 60056

Indian Grove Elementary School 847-298-1976
1340 Burning Bush Lane, Mt. Prospect 60056

River Trails Middle School 847-298-1750
1000 North Wolf Road, Mount Prospect 60056

**COMMUNITY CONSOLIDATED
SCHOOL DISTRICT #59** 847-593-4300
2123 S Arlington Heights Rd
Arlington Heights, IL 60005

Brentwood Elementary School 847-593-4401
260 West Dulles Road, Des Plaines 60016

Devonshire Elementary School 847-593-4398
1401 South Pennsylvania Avenue, Des Plaines 60018

Friendship Junior High School 847-593-4350
550 Elizabeth Lane, Des Plaines 60018

**COMMUNITY CONSOLIDATED
SCHOOL DISTRICT #62** 847-824-1136
Leon Smaage Administration Center
777 East Algonquin Road
Des Plaines, IL 60016

SCHOOLS

– (continued)

Algonquin Middle School 767 East Algonquin Road, Des Plaines 60016	847-824-1205
Central Elementary School 1526 Thacker Street, Des Plaines 60016	847-824-1575
Chippewa Middle School 123 North Eighth Avenue, Des Plaines 60016	847-824-1503
Cumberland Elementary School 700 East Golf, Des Plaines 60016	847-824-1451
Forest Elementary School 1375 South Fifth Avenue, Des Plaines 60016	847-824-1380
Iroquois Community School 1836 East Touhy Avenue, Des Plaines 60018	847-824-1308
North Elementary School 1789 Rand Road, Des Plaines 60016	847-824-1399
Orchard Place Elementary School 2727 Maple Street, Des Plaines 60018	847-824-1255
Plainfield Elementary School 1850 Plainfield Drive, Des Plaines 60018	847-824-1301
South Elementary School 1535 Everett Des Plaines 60018	847-824-1566
Terrace Elementary School 735 South Westgate Road, Des Plaines 60016	847-824-1430

SCHOOLS

– (continued)

EAST MAINE SCHOOL DISTRICT #63 10150 Dee Road Des Plaines, Illinois 60016	847-299-1900
Apollo Elementary School 10100 Dee Rd, Des Plaines 60016	847-827-6231
Stevenson Elementary School 9000 Capitol Dr, Des Plaines 60016	847-298-1622
Gemini Junior High School 8955 Greenwood, Niles 60714	847-827-1181
MAINE TOWNSHIP HIGH SCHOOL DISTRICT #207 R.J. Frost Administration Center 1131 S. Dee Road Park Ridge, IL 60068	847-696-3600
Maine East High School 2601 West Dempster Street, Park Ridge 60068	847-825-4484
Maine South High School 1111 South Dee Road, Park Ridge, IL 60068	847-825-7711
Maine West High School 1755 South Wolf Road, Des Plaines 60018	847-827-6176

SCHOOLS

– (continued)

TOWNSHIP HIGH SCHOOL DISTRICT #214 847-718-7600
2121 S. Goebbert Rd.
Arlington Heights, IL 60005

Elk Grove High School 847-718-4400
500 West Elk Boulevard, Elk Grove Village 60007

**DISTRICT #512 WILLIAM RAINEY
HARPER COLLEGE** 847-925-6000
1200 West Algonquin Road, Palatine 60067

**DISTRICT # 535 OAKTON
COMMUNITY COLLEGE** 847-635-1600
1600 East Golf Road, Des Plaines 60016

Alliance for Lifelong Learning 847-635-1808
(Maine-Oakton-Niles-Northfield Adult
Continuing Education Program)

SOCIAL/RECREATIONAL OPPORTUNITIES

DES PLAINES COMMUNITY & FRISBIE SENIOR CENTERS

Des Plaines Community 847-391-5717
515 E. Thacker Street
Des Plaines, IL 60016

Frisbie Center 847-768-5944
52 E. Northwest Hwy
Des Plaines, IL 60016

The Des Plaines Community Senior Center is an independent, 501(c)(3) organization serving the senior citizens in Des Plaines and surrounding communities. The Senior Center offers a variety of social/recreational, educational, legal, employment, health, and counseling programs. The Center publishes a monthly newsletter, Senior Advisor, and is the custodian for the Rental Closet. For a listing of events and more information please call or visit their website www.dpcsc.org.

DES PLAINES PARK DISTRICT

The Des Plaines Park District offers diversified year-round leisure services, including recreational programs and facilities. For more information please call the Des Plaines Park District Leisure Center listed below or visit their website www.desplainesparks.org.

DES PLAINES PARK DISTRICT LAKE PARK - LAKE OPEKA

847-391-5730
1105 Howard Street
Des Plaines, IL 60018

SOCIAL/RECREATIONAL OPPORTUNITIES

– (continued)

DES PLAINES PARK DISTRICT

LEISURE CENTER

847-391-5700

TEEN CENTER IS AT THIS LOCATION

2222 Birch Street

Des Plaines, IL 60018

DES PLAINES PARK DISTRICT

847-391-5733

MOUNTAIN VIEW MINE ADVENTURE GOLF

510 E. Algonquin Road

Des Plaines, IL 60016

DES PLAINES PARK DISTRICT

847-391-5705

MYSTIC WATERS AQUATIC CENTER

2025 Miner Street

Des Plaines, IL 60016

DES PLAINES PARK DISTRICT

PRAIRIE LAKES

847-391-5711

515 E. Thacker Street

Des Plaines, IL 60016

LATTOF YMCA

847-296-3376, Ext. 245

300 E. Northwest Highway

Fitness Program Director

Des Plaines, IL 60016

Provides a variety of fitness, aquatic and sports related activities and programs. Please call or visit their website www.lattofymca.org for more information or to view their seasonal program brochure. Senior rates are available to all seniors.

SOCIAL/RECREATIONAL OPPORTUNITIES

– (continued)

M – NASR

847-966-5522

Prairie View Community Center
6820 W. Dempster Street
Morton Grove, IL 60053

The Maine-Niles Association of Special Recreation (M-NASR) is dedicated to improving the quality of life for children, teens and adults with physical, mental and emotional disabilities by providing quality therapeutic recreational programs. For information call or visit their website www.mnasr.org.

MAINE TOWNSHIP

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Provides wide range of services, programs, and activities to families through MaineStay; also provides activities that include educational and recreational programs to seniors through MaineStreamers. For information please call or visit the website at www.maintownship.com.

MAINE TOWNSHIP HIGH SCHOOL

847-696-3600

District #207
Administration Center - Gold Card Club
1131 S. Dee Road
Park Ridge, IL 60068

Provides Maine Township High School #207 Gold Card members the opportunity to enjoy concerts, plays, swim shows, and other entertainment. Gold Card members are Maine Township residents 62 years of age and older.

SOCIAL/RECREATIONAL OPPORTUNITIES

– (continued)

MOUNT PROSPECT PARK**DISTRICT/REC PLEX**

847-640-1000

420 W. Dempster Street
Mt. Prospect, IL 60056

Provides a variety of educational and recreational activities at several sites. Please call for more information on these specific sites.

MAINE TOWNSHIP JEWISH**CONGREGATIONAL**

847-297-2006

8800 Ballard Road
Des Plaines, IL 60016

Offers Sabbath and Jewish holiday worship services, pastoral care and support, as well as social programs.

ST. ZACHARY CHURCH GOLDENAIRES

847-956-7020

567 W. Algonquin Road
Des Plaines, IL 60016

Provides monthly outings to plays, sporting events, and other special events. Meets twice a month.

TOWNSHIP HIGH SCHOOL DISTRICT 214**COMMUNITY EDUCATION**

847-718-7700

2121 S. Goebbert Rd.
Arlington Heights, IL 60005

Entertainment such as live theatre, concerts, opera, classic films, dances and many other exciting events for the whole family, all at very affordable prices. Call for more information.

SUPPORT GROUPS

Support groups educate and inform, as well as, provide an opportunity to share emotional support with others who are faced with similar issues. These groups frequently focus on special needs, including Alzheimer's, arthritis, cancer, diabetes, heart disease, and other illnesses. Generally, area hospitals, nursing facilities, agencies that provide counseling and health related organizations could direct you to a support group that will meet your needs.

ALS FOUNDATION - LOU GEHRIG'S DISEASE	847-679-3311
ALCOHOLICS ANONYMOUS	312-346-1475
ALZHEIMER'S ASSOCIATION	800 272-3900
AMERICAN CANCER SOCIETY	800-227-2345
AMERICAN DIABETES ASSOCIATION	888-342-2383
AMERICAN HEART ASSOCIATION	630-789-9222
AMERICAN LUNG ASSOCIATION	312-243-2000
ARTHRITIS FOUNDATION	800-735-0096
BETTER EXISTENCE WITH HIV (BEHIV)	847-475-2115
CHICAGO LIGHTHOUSE FOR THE BLIND	312-666-1331 312-666-8874 (TDD)
DISABLED AMERICAN VETERANS	202-530-9260
GLAUCOMA RESEARCH FOUNDATION	800-826-6693
ILLINOIS RELAY SERVICE	800-526-0857 (voice) 800-526-0844 (TDD)
MULTIPLE SCLEROSIS SOCIETY	800-922-0484
PARKINSON DISEASE FOUNDATION	800-457-6676
RAINBOW HOSPICE INC.	847-685-9900

TAX SERVICES

AARP AREA OFFICE

866-448-3613

Triangle Plaza
222 North LaSalle
Chicago, IL 60631

Provides income tax assistance by IRS trained volunteers February 1st through April 15th.

CIRCUIT BREAKER

800-624-2459

Illinois Department of Revenue
P.O. Box 3124
Springfield, IL 62708

Provides a tax relief program and a pharmaceutical assistance program. The Senior Citizens and Disabled Persons Property Tax Relief and Pharmaceutical Assistance Act has created a state program that may give you back some of the money you paid in property taxes, mobile home taxes, rent, or nursing home charges. It also can help you pay for certain prescription medicines you may need. The act is often called the Circuit Breaker law because the tax relief it provides works like a circuit breaker in your home's electrical system. When property taxes, mobile home taxes, rent, or nursing home charges begin to "overload" an elderly or disabled person's income, the Circuit Breaker law can help. Circuit Breaker forms are available in the Health & Human Services Department-5th Floor-City Hall.

TAX SERVICES

– (continued)

COOK COUNTY ASSESSOR 312- 443-7550
118 N. Clark Street – Room 320
Chicago, IL 60602

***Elk Grove Township Assessor’s Office** 847-437-0300
2400 S. Arlington Heights Road
Arlington Heights, IL 60005
(Elk Grove Township residents only)

***Maine Township Assessor’s Office** 847-297-2510
1700 Ballard Road
Park Ridge, IL 60068
(Maine Township residents only)

***Wheeling Township Assessor’s Office** 847-259-1515
1616 N. Arlington Heights Road
Arlington Heights, IL 60004
(Wheeling Township residents only)

*These agencies above provide local information on homeowner assistance, homestead exemption, and discounts for seniors over 65 who own their home.

REVERSE MORTGAGE 800-252-8966
Illinois Department on Aging Senior Help Line

A type of home equity conversion involving payments to, rather than from, the homeowner. This special type of loan guarantees older homeowners monthly cash advances or occasionally lump sums that do not require re-payment until the home is sold.

TRANSPORTATION

CITY OF DES PLAINES SUBSIDIZED TAXI PROGRAM

847-391-5480

1420 Miner Street – Room 502
Des Plaines, IL 60016

Provides subsidized taxicab transportation to corporate Des Plaines residents who are 65 years of age or older and/or disabled. Residents must register for the program at the Civic Center or Des Plaines Public Library. Proof of age and residency within the corporate city limits are required. Residents under the age of 65 and in need of a disabled taxicab card require a physician's letter specifically stating the individual's disability/limitations. Forms are available at the above address in the Health and Human Services Division.

ELK GROVE TOWNSHIP SENIOR CITIZEN BUS

847-437-0300

2400 S. Arlington Heights Road
Arlington Heights, IL 60004

Provides a Dial-A-Bus program for seniors, 55 years of age and older, who reside in Elk Grove Township. Donations are accepted.

ESCORTED TRANSPORTATION SERVICES/NORTHWEST

847-222-9227

1801 W. Central
Arlington Heights, IL 60005

Provides transportation to medical and dental appointments; Monday thru Saturday, 8am to 8pm. Boundaries are Lake Cook Rd to the north, Biesterfield to the south, Barrington Rd to the west and Greenwood to the east. Requires notice of at least one week. \$10.00 per round trip. Pre-registration required. Call for application.

TRANSPORTATION

– (continued)

FISH 847-297-2510

MAINE TOWNSHIP

1700 Ballard Rd
Park Ridge, IL 60068

Provides transportation by volunteers to dialysis, physical and radiation therapy, medical appointments, and personal shopping within the areas of Des Plaines, Niles, and Park Ridge. Advance notice is required.

NEIGHBORS HELPING NEIGHBORS 847-593-2849

Provides transportation within Des Plaines, Mount Prospect, and Park Ridge for doctor appointments and personal shopping.

RTA REDUCED FARE PROGRAM 847-297-0135

900 E. Northwest Highway
Des Plaines, IL 60016

Provides seniors, 65 years of age and older and/or individuals with disabilities, with a reduced fare card to ride Pace, Metra, and CTA.

WHEELING TOWNSHIP SENIOR BUS 847-259-7743

1616 Arlington Heights Road
Arlington Heights, IL 60004

Provides a Dial-A-Ride program for seniors 60 years of age and older and /or individual with disabilities who reside in Wheeling Township. Cost is \$2.00 each way within the Wheeling Township boundaries.

VISITING IN-HOME PHYSICIANS

HOME PHYSICIANS
2003 West Fulton Street
Chicago, IL 60612

773-292-4800

Provides physician house calls, service to Cook County.
Web site: www.homephysicians.com.

MD AT HOME
Charles S. DeHaan, MD
7479 Walton St. Ste 4
Rockford, IL 61108

TOLL FREE

866-632-8466
815-986-2610

Service to the following counties: Boone, Cook, DuPage,
Kane, Lake, McHenry, Will and Winnebago. Web site address:
www.866mdathome.com Formerly known as 800-CALL-DOC.

VOLUNTEER OPPORTUNITIES

NEIGHBORS HELPING NEIGHBORS

847-593-2849

Provides Des Plaines residents assistance with a variety of basic support and personal development services by linking them with volunteers within the community. If you are a resident in need of services, or an individual and/or organization or business interested in volunteering, please contact the Neighbor's Helping Neighbor's Coordinator at the number listed above.

VOLUNTEER CENTER

847-228-1320

2121 S. Goebbert Road
Arlington Heights, IL 60005

Provides liaison service between volunteers and agencies that need volunteer assistance. Retired Senior Volunteer Program (RSVP) is also housed at this location. Office hours: Monday through Thursday - 8:30AM - 3:30PM and Friday - 9AM - 1PM.

YOUTH SUPPORT SERVICES

THE BRIDGE YOUTH AND FAMILY SERVICES

847-359-7490

721 S Quentin Road
Palatine, IL 60067

Provides counseling and prevention programs for young people ages 6-17 and families. Services include family therapy, individual therapy, group counseling, advocacy, and community education and crisis intervention.

MAINESTAY YOUTH AND FAMILY SERVICES

847-297-2510

1700 Ballard Road
Park Ridge, IL 60068

Encourage Adolescent Responsibility Now (E.A.R.N.) Program fosters responsibility and independence among our youth by providing opportunities to earn money. E.A.R.N. matches youth ages 12-19 with township residents requesting yard care, cleaning, moving, snow removal, painting, computer help, childcare, and shopping. Maine Township residents should call for more information.

THE HARBOUR, INC.

847-297-8540

1480 Renaissance Drive-Suite 412
Park Ridge, IL 60068

Provides emergency shelter, transitional living and independent living programs as well as offering youth development and community education.

SHELTER, INC.

847-255-8060

1616 N. Arlington Heights Road
Arlington Heights, Illinois 60004

Shelter provides community based, emergency and temporary housing for children and adolescents from birth through age 17 in the northwest suburbs of Chicago, Illinois, who are abused, neglected, dependent or in need of supervision.